

PURELY FEMININE

OF AID TO HOSTESS

THE FOLLOWING SUGGESTIONS MAY PROVE A BIT OF HELP.

Here is a Bright Little Game of Nations for a Half-Hour's Pastime—Something New in a Bridal Shower.

- The Game of Nations.
- Place in a bright little game to get each player's cap to reading and will furnish a half hour's amusement. On slips of paper, to be given each guest write the questions, and when returned to the hostess the correct answers should be:
- The Nation from which we start? Germany.
 - The Nation for success? Explanation.
 - The Nation for actors? Impersonation.
 - The Nation for people? Subordination.
 - The Nation for theoretical students? Distinction.
 - The Nation for a political candidate? Nomination.
 - The Nation for an unpopular official? Resignation.
 - The Nation for peace? Reformation.
 - The Nation for evil deeds? Condemnation.
 - The Nation desired by monopolies? Combination.
 - The Nation which indicates a class? Denomination.
 - The Nation on a crusade? Caricature.

A New Bridal Shower.

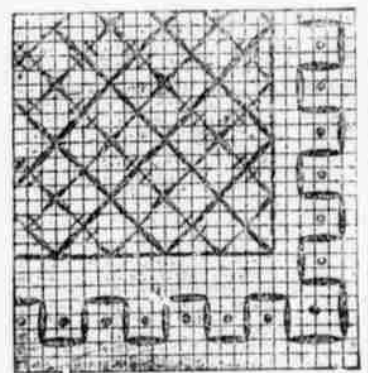
Quite the newest thing in bridal showers is for the friends to pool their money and give one nice gift instead of a number of small articles. If it is a luncheon the present is brought in on a tray by the maid; if it is an afternoon or evening party, a box containing the offering is delivered by special messenger. A brass candlestick, copper bowl, a dainty luncheon cloth, or bit of oriental stuff for a pillow or table cover are all most acceptable to a prospective bride.

MADAME MERCI.

LONG AND CROSS STITCH.

The Design Simple and Suitable to Work on Canvas. Where It Is Very Effective.

This is a simple design worked with horizontal cotton on canvas, of which



A NEAT DESIGN.

There are many pretty varieties; it is suitable to be worked on canvas of any size for Duchesse toilet covers, mats, cushion covers, table centers, etc. The pattern is worked in long, cross, and knot-stitches.

Sagging Lines of the Face.

Facial massage, even the very best kind, will not remove the sagging lines of the face under the eyes—that look of fatigue which we often see in girls of 15 as well as in women of 50. This tired look is often due to nervous exhaustion or weakness of the muscles of the abdomen and back. The woman with the tired eyes had much better spend all her spare moments in loose clothing, going through a course of physical culture exercises for the special purpose of strengthening or resting and relaxing the muscles than toying with massage creams, which can have only a superficial and momentary effect. The cause of these sagging lines lies too deep to be reached even by the most skillful operator's fingers. Constitutional remedies and bodily care and exercise will remove these lines from the face.

Took Care of Himself First.

Sam Porter and Hiram Brown, both of Methuen, were out rowing on the Merrimack, when the boat capsized, spilling both men into the water. Sam was a fine swimmer, but was not very bright, while Hiram was bright enough, but could not swim a stroke. When Sam found himself in the water he struck out lustily for the little pier on the shore, while Hiram clung to the overturned skiff.

ON THE CARE OF THE HAIR

An Expert on the Subject Preaches a Little Sermon It Were Well to Heed.

"The hair is like the complexion. It is apt to fade. It needs lots of care to make it nice. Hair grows old before it should, and it is the fault of its owner, generally.

"The woman who goes to bed at night with her hair done up as she wore it during the day invites headache, gray hair, baldness and all sorts of ills.

"Curling the hair with a hot iron is very bad for the hair, in that it takes out the color pigments. Take the hair and do it up on curlers for an hour, or put it up in curlers and pinch it with a warm iron.

"Sometimes, if time is precious, we twist it over a warm iron, but we never burn or break it. There is no way of ruining the texture of the hair like scorching it.

"We sometimes brighten the hair by sunning it; but it must be put in good condition first.

"We occasionally give a head a shampoo in the old-fashioned mixture of soda and water. We rinse out the soda afterward and dry the hair in the sun.

"It will bloom very brightly after doing this; but there is danger that the hair may turn too red under this treatment.

"Don't have ugly hair! Is my advice to every woman."

CRADLES OF MANY LANDS.

How the Various Mothers of the Many Races of Earth Care for Their Offspring.

When a baby is born in Guinea all sorts of funny things happen to it. Its mother buries it in the sand up to its waist, so that it cannot get into mischief, and this is the only cradle it knows anything about, says the New York Times.

The little Lapp infant is cradled in a shoe—his mother. This is big affair covered with skin and stuffed with soft moss. This can be hung on a tree or covered up with snow while mamma goes to church or any place where babies are not invited.

The baby of India rides in a basket which hangs on its mother's head, or from her hip, or in a hammock. In some parts the baby's nose is perforated with a noisemaker and in others the face is wrapped in a veil like its mother.

The Chinese baby is tied to the back of an older child.

The Mongolian infants travel about in bags slung on a cow's back.

In some countries the mothers lay their babies where a stream of water falls on their heads. This is to make them tough, which it does, unless the babies die as a result of this treatment. Another mother covers her baby's head with paste, while the Tartar baby is covered with butter.

The Turkish baby is carried—perhaps to keep it sweet—while the worst fate of all falls to the lot of the newly-born children in Bulgaria. Their mothers put a hot omelette on the little ones' heads to make them solid and protect them from sunstroke. The Bulgarian baby does not like it any better than you would. He makes a great howl about it, but it is not a bit of use. His mother thinks she knows better about some things than he does, so he has to submit, which he does with a very bad grace indeed.

Two Classes of Atoms.

Are there two sorts of atoms? Prof. J. J. Thomson bears the world to be slow about coming to the conclusion that all matter must be electrical. There may be one type of molecule, says he, wherein the atoms are held together because they are charged with electricity and another in which the forces were due to electrostatic induction. On the whole he thinks the evidence is in favor of there being two classes of atoms. One fundamental point to be considered if atoms are built up of corpuscles is, how many corpuscles there are in any particular atom. There are three lines of argument that lead to an answer of this query. Each may be criticized, but they lead to the same result, and so he thinks they are entitled to credit in the aggregate. The number of corpuscles is about 25 times the number of atoms in a molecule of air, and the number of corpuscles in an atom of another element is not any great multiple of the atomic weight. All the lines of argument lead to this same conclusion.

REFUSE TO REASON

ARGUMENTS OF "STANDPATTERS" ARE WITHOUT LOGIC.

Insistence on High Tariff Rates Has Become a Mania with Them. It Seems—Welfare of Country Forgotten.

In the chaste language of the New York Evening Post, "Chasing the devil round a stump is profitable exercise compared with running down a standpatter." Well, that depends. If you can "give him a kick and make him jump," your exercise will not have been entirely in vain.

Secretary Shaw roundly denounced Gov. Cummings of Iowa the other day on account of the latter's tariff revision proclivities. Yet the secretary himself had no hesitation in purchasing 20,000 barrels of cement abroad when by doing so he saved to the government 27 cents a barrel, or \$5,400. It is proposed, in the event of confining bids for materials for the Panama canal construction to those of American manufacture, to add the tariff duty to the cost of such materials abroad, and then further increase the expense by permitting the bidder another addition for a "reasonable profit." Truly, it would seem that the Creator of all is not the only being who "moves in a mysterious way, his wonders to perform."

But, as the same paper remarked in another issue, "Standpatism is daily mounting to new heights of unreason, robbing mankind. Like the defenders of slavery just before the war, protectionists are making a religion of their practice, and every man who dissent from it is a heathen and an infidel." Ergo, Gov. Cummings must be a heathen and an infidel. Likewise Metall and Eugene N. Fox, of Massachusetts.

So, too, with the Massachusetts Republicans who recently complained that unless they were given free hides and other raw material they could secure no markets abroad; whereas Mr. Seneca Payne solemnly answered that New England manufacturers need no foreign market, being possessed of magnificent domains on our own continent. Talk about your talkabout! There's an answer as is an answer.

But when some of our patriotic Democratic representatives in congress pointed out that some of the most highly protected trusts, such as the steel trust and the watch trust, for instance, are so eager to secure foreign markets that they sell their goods abroad more cheaply than to the consumer at home, Standpatter Hepburn took the trouble to explain that that charge was simply a campaign roadblock. Of course, we are willing to take his word for that until the figures prove differently.

When Mr. Williams, of Mississippi, leader of the house minority, occupied two days in piling up evidence to the contrary, Mr. Dalzell, of Pennsylvania, kindly and frankly admitted that the goods made by protected American interests are sold for less money in Europe than at home, simply because they are unable to secure the foreign trade in any other manner.

Of course, as Mr. Dalzell so naively puts it, it is a simple business proposition—understand the other fellow whenever and wherever you can, no matter who gets the benefit of the lower price. But wouldn't it be a good proposition to so adjust the tariff schedule as to permit American citizens to purchase American-made goods as cheaply as Europeans may purchase them?

That, of course, would be a patriotic movement. But who will accuse a standpatter, in these twentieth century days, of patriotism? Perish the thought! Business first and patriotism after, is the motto of the trusts and their standpat allies, in congress and on. As some wives reach their husbands' hearts through the medium of the stomach, so he who would chase the standpatter round the stump must appeal to his pocketbook, regardless of the welfare of the rest of the community.

Supreme Court in a Muddle.

The rate bill passed the senate May 18, and on May 21 the supreme court got into a tangle on the rate question which may serve to illustrate the wisdom of Bailey and the absurdity of the Allison amendment. In a case arising under the interstate commerce law the court was equally divided; four justices on one side and four on the other, and one disqualified by his personal interest in the result. In that case certain railroads had, about six years ago, made an advance in the rate on hay. The interstate commerce commission decided that the new rate was unreasonable and undertook to establish another. The railroad companies refused to obey the order of the commission, and the commission applied to Judge Wing, of the United States circuit court, for a mandamus. Judge Wing decided that the commission has no power to make rates, and dismissed the bill. An appeal was taken to the supreme court, and the order dismissing the bill stands affirmed by a divided court—that is, because it was not set aside by a majority of the court. It has taken six years for the supreme court to determine that the commission had no right to make a rate. Under the Hepburn bill, as it passed the senate, the orders of the commission are likely to expire by limitation before there is a final hearing in the courts. In any case the situation may have so changed that the orders will bring no advantage to the shipper. Freight rates are fluid and shifting. What is a fair rate to-day may be an unfair rate to-morrow.

THE DAIRY

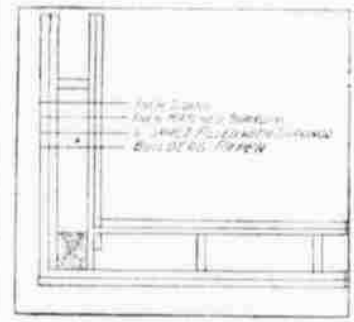


CHEESE CURING ROOM.

Construction of the Walls Which Will Insure a Low Enough Temperature.

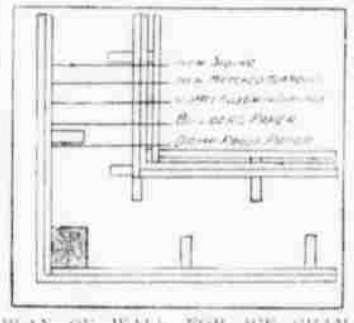
The following illustration and the accompanying illustration concerning the construction of the walls for a cheese curing room are taken from the annual report of the dairyman's association of Ontario.

The construction consists of siding on the outside, and one layer of matched lumber with paper between. Then a 12-inch space filled with shav-



WALL FOR COOL CHEESE CURING ROOM.

ings, and then double boards inside that with one inch air space and single board. That air space is put in there to keep the moisture from the ice chamber penetrating into the insulation, because insulation is not effective if it becomes damp. The ordinary air space has been abandoned altogether in modern cold storage construction. The shavings that are put in do not make the insulation, but it is the air which is confined by them and cannot



PLAN OF WALL FOR ICE CHAMBER.

circulate which makes it. The air must be confined so that it cannot circulate, and where the space is filled with shavings or other suitable material there is no circulation of air, and we have the best form of insulation that is known to-day. There is no other material as far as I know that gives as good a result, considering the cost, as shavings. Of course, shavings are not fireproof. There are materials that will not burn rapidly.

Objection has been made that shavings encourage mice and rats; but if the sheeting is put on as it should be, without any openings left, there is not much danger of the mice getting into the shavings. The sheeting should be put on very tight without any openings whatever, and mice will not gnaw a hole through an inch board.

COW LORE.

A poor, slow milker will spoil cows, however good.

Never churn fresh unripened cream with ripened cream.

Butter is better when it is fresh than it will ever be again.

When cows are fed any kind of putrifying food the milk is unwholesome.

The operation of milking should never be hurried, but the milk drawn steadily.

Life is too short and time too precious to fool with cows that have any especially undesirable traits.

Milk with the largest globules contains the most butter, but the smaller globules are more suitable for cheese making.

Cows will not make good butter when running on short, woody pastures during the heat of summer. Be prepared to avoid this.

The total which in milk are largely dependent on the quality of the food given, while the ratio of the ingredients depends on the breed.

No one knows exactly what a certain cow will do until she is tested. Even cows which give a large quantity of yellow milk are not always the best cows.

The better care and feed given the cows, together with the introduction of new and improved machinery and methods, has greatly raised the average quality of butter in all parts of the country.

Large Feeder, Large Milker.

It is necessary that a cow eat a large quantity of feed to give a large yield of milk, but it is not every cow which has this capacity and this is the very point which should be carefully investigated before a cow is purchased. A cow in milk that will not consume a large amount of feed or shows that she has not a good appetite should be discarded from the dairy as one that will not prove satisfactory.

Dairying and Crop Rotation.

Dairying plays an important part in a successful rotation of crops, and perhaps no better means can be found of turning all kinds of grain and fodder into valuable manure and so adding to the fertility of the soil than by feeding them to dairy cows.

A Balloon Incline Railroad.

Consul William Bardel writes from Bamberg that Engineer Balderauer, of Balberg, has invented a balloon railroad, experiments with which are now being made in the mountains in the neighborhood of that German city. It consists of a stationary balloon, which is fastened to a slide running along a single steel rail. The rail is fastened to the side of a steep mountain, which ordinary railroads could not climb, except through deep cuts and tunnels. The balloon is to float about 35 feet over the ground, and a heavy steel cable connects it with the rail. The conductor can, at will, make the balloon slide up and down the side of the mountain. For going up the motive power is furnished by hydrogen gas, while the descent is caused by pressure of water, which is poured into a large tank at the upper end of the road, and which serves as ballast. Suspended from the balloon is a circular car with room for ten passengers. The cable goes from the bottom of the balloon through the center of the car to a regulator of speed, which is controlled by the conductor. The inventor of this railroad claims that his patent will force all incline cable roads out of existence.

The Things We Eat.

Too much meat is absolutely hurtful to the body. Sailors on board of ships get scurvy when their supply of vegetable food is exhausted. The digestive organs of the human body demand vegetable food, and if we don't eat enough vegetables we pay for it dearly.

Nature gave us wheat, and in every kernel of wheat nature has distributed iron, starch, phosphorus, lime, sugar, salt and other elements necessary to make bone, blood and muscle.

EGG-O-SEE is wheat scientifically prepared, cooked, and made into crisp flakes. EGG-O-SEE goes into the stomach ready for the digestive organs to convert it into life-giving substances with but little effort.

EGG-O-SEE eaters are a clean-eyed, strong and happy lot. The proof of a pudding and the proof of EGG-O-SEE is in the eating. EGG-O-SEE besides being solid nourishment is most palatable. Every mouthful is a joy to the taste and direct benefit to your health. A 19-cent package of EGG-O-SEE contains ten liberal breakfasts. Our friends advertise us. They eat EGG-O-SEE for a while. They grow strong. They are well and happy and they pass the good word along.

Next time you send to the grocer's tell your boy or girl to bring home a package of EGG-O-SEE. Have your children eat EGG-O-SEE. It is their friend. They'll eat EGG-O-SEE when nothing else will taste good.

You try EGG-O-SEE and you can deduct the cost from your doctor's bill.

We send our book, "Back to Nature," free. It's a good book of plain, good, common sense. If you want a copy, address EGG-O-SEE Company, 10 First St., Quincy, Ill.

Adam and Eve should have got along better than they did considering that there was never any dispute about one leaving no room in the closet for the other to hang his clothes.

CASTORIA

For Infants and Children

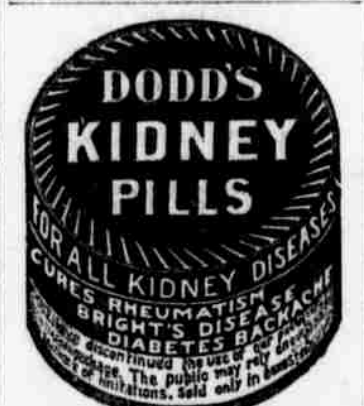
Bears The Signature Of *Chas. H. Fletcher* In Use For Over Thirty Years The Kind You Have Always Bought

Shelter Tents.

There is a probability of the Australian military authorities encouraging the manufacture or importation of shelter tents, as used in Japan during the late war. The tent consists of a waterproof sheet with hooks and eyelets, the weight being trifling. Each Japanese soldier carries one of these sheets in his kit, and any number of them can be laced together, the custom being for four men to form a bivouac. Arms are piled in the usual way, and the sheets are spread over the pile weapons, affording shelter from both heat and rain. They can be utilized in many ways for sheltering the soldiers.

A woman can put this and that together and tell everything her husband is doing. But a woman can fool her husband whenever she wants to. Fortunately, women do not often rate to fool their husbands.

Money is the best bait to fish for man with.—From the French.



TERRIBLE TO RECALL.

Five Weeks in Bed with Intensely Painful Kidney Trouble.

Mrs. Mary Wagner, of 1367 Kessuth Ave., Bridgeport, Conn., says: "I was so weakened and generally run down with kidney disease that for a long time I could not do my work and was five weeks in bed. There was continual bearing down pain, terrible backaches, headaches and at times dizzy spells when everything was a blur before me. The passages of the kidney secretions were irregular and painful and there was considerable sediment and odor. I don't know what I would have done but for Doan's Kidney Pills. I could see an improvement from the first box, and five boxes brought a final cure."



Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

HOW TO LAND HIM IN A WEEK.

Monday—Be pretty—smile once.
Tuesday—Be prettier—frown at him.
Wednesday—Be penance—sigh once.
Thursday—Laugh at him.
Friday—Confess your love for him.
Saturday—Be "out."
Sunday—Accept him.

Defiance Starch—Never sticks to the iron—no blotches—no blisters, makes ironing easy and does not injure the goods.

Unless parents set a good example to their children they will furnish a plain reason to be used by them against themselves.—Euripides.

Lewis' Single Binder Cigar has a rich taste. Your dealer or Lewis' Factory, Peoria, Ill.

Over 540 pounds, or one hoghead and one and quarter plums of blood, pass through the heart in one hour.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. Use a bottle.

"The best hearts are ever the bravest," said Sterne.

SICK HEADACHE

Positively cured by these Little Pills.

They also relieve Distress from Dyspepsia, Indigestion and Too Heartily Eating. A perfect remedy for Bile, Nausea, Drowsiness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable.

SMALL PILL. SMALL DOSE. SMALL PRICE.

CARTER'S LITTLE LIVER PILLS. Genuine Must Bear Fac-Simile Signature. *Wm. Wood* REFUSE SUBSTITUTES.

Exceptionally Low Rates to Brighter Possibilities

The Southwest is the land of possibilities. The opportunities for men of average means are brighter here than elsewhere—you can get more for your labor or your investment. The opportunity time is now while the land is cheap. The country is settling up. If you purchase land now you will soon see grow up around you a community of prosperous energetic men who like yourself have seen the brighter possibilities of the Southwest, and have taken advantage of them.

Along the line of the Missouri, Kansas & Texas R.R. in Indian Territory, Oklahoma, and Texas are vast areas of unimproved land—land not now yielding the crops of which it is capable. The same thing, in a different way, is true of the towns. Few lines of business are adequately represented. There are openings of all sorts for you. If you're in any way interested in the Southwest, I'd like to send you a copy of my free paper, "The Country Country."

August 7th and 21st

you can make a trip Southwest exceptionally cheap. Round trip tickets, good thirty—30—days, will be sold by all lines in connection with the M. & T. R. R. at not more than one fare plus \$2.00 in many cases—from Chicago to San Antonio, e.g., the rate is \$41.00 from St. Paul, \$25.00 from St. Louis and Kansas City, \$20.00—the rates are considerably lower. The tickets permit of stopovers in both directions, via M. & T. R. R. If your nearest railroad agent cannot give you the rates, write me for particulars.

W. S. ST. GEORGE
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